

### DEPARTMENTAL TEAM: DOC HQT

William L. Wrenn, Commissioner (271-5603) Lisa Currier, Administrator, HR (271-5640) Joanne Fortier, Warden, NHSP-W, (668-6137, ext. 301)

Lisa Angelini, Administrator, EHS (271-5661) Linda MacDonald, Recruiter (271-5645) Steve Garside, Recruiter (271-5645) Linda McFarland, HRC (271-5653) Rozalind Hilton, Payroll Assistant (271-5644) Gina Quimby, Benefits Coordinator (271-5641)

#### **DIVISIONAL TEAMS**

#### NH State Prison-M

Richard M. Gerry, Warden (271-1812)

Mindy Normand, HRC (271-1818) Maj. Jon Fouts (271-3140)

Cpt. Keith Hardy, Operations (271-1817)

Cpl. Rod Knierman, Operations (271-1817)

Lt. Neil Smith, Training Coordinator

Sgt. Tony Kingsbury (Sponsor) (271-1914/1909)

Sgt. Ron Gagliardi (Sponsor) (271-2226/2227)

Sgt. Tom Christy (Sponsor) (271-1891/1885)

Sgt. Joel Dinsmoor (Sponsor) (271-1861)

Cpl. Tom Gleason (Sponsor) (271-1899)

### Lakes Region Facility

Jane Coplan, Warden (528-9209)

Kelley Matthews, HRC (528-9214)

Sgt. George Bigl, Training Coordinator

Lt. Kevin LeBlanc, Operations (Sponsor) (528-9217)

### Northern NH Correctional Facility

Larry Blaisdell, Warden (751-0301)

Cindy Qualls, HRC (752-0330)

Sue Young, Administrator of Programs (752-0333)

Cpl. Tim Coulombe, Operations (752-0387)

Lt. Mark Jepson, Trng. Coord. (Sponsor) (752-0328)

Maj. Dennis Cox (Sponsor) (752-0386)

Cpt. Scott Lambertson (Sponsor) (752-0381)

Sgt. William ("Dan") Hammer (Sponsor) (572-0383)

# **Other Support Resources**



(603) 225-1342 or 227-1477

www.esgr.com



Garrick Lewis 103 Liberty Street Manchester, NH 800-562-3127



VETERANS OF FOREIGN WARS

www.vfwnh.org



**Veterans Administration:** 

Hospital: (603) 624-4366

Benefits Info/Assistance: 800-827-1000

## **WEBSITES**

www.nhmilitaryfamily.com

www.nharmyguard.com

www.deploymentconnections.org

www.deploymentlink.osd.mil

www.guardfamily.org

www.va.gov

NH Department of Corrections

**OPERATION:** 

WELCOME HOME

Returning to Work



Things you should know

# What to expect...

### REORIENTATION

The Department of Corrections has established a Reorientation Program to assist you with your transition back to work. This program consists of two phases. The first phase is the *Departmental Reorientation*, designed to welcome you back to work, update you on departmental changes that took place during your military leave, review and

update your payroll, benefits and training records. The second phase is the *Divisional Reorientation* which will be coordinated with your Sponsor. The role of your sponsor is to assist



you at the worksite by updating you on the changes that have occurred during your absence, introduce you to new staff members and provide whatever assistance you need for the transition back to work. The *Divisional Reorientation* will be accomplished on the first shift, generally taking about one month as determined by you and your Sponsor.

The DOC Reorientation Program was planned to provide a universal approach in your re-entry into the Department; it is also meant to be a flexible, individualized process.

### HOW YOU MAY FEEL

Even though you may feel happy to be home and get-

ting back to your "normal" routine of civilian life, there will still be adjustments for you to make in both familiar and new situations at work. These are some of the feelings you may experience once you have started back to work:



- You may feel "out of place" for a period of time; just like other areas of your life, things at work have continued along. Co-workers and circumstances may be or seem different. Changes that happened while you are away (changes in personnel, etc.) may distort your perceptions of what work is like.
- effects you differently than you expected; you may find that the everyday routine is a bit of a let-down, slower paced. You may feel like you are expected to "jump right in," as though you never left and you may even be inclined to do so. On the other hand, you may feel tired, less motivated and even a bit discouraged; these feelings may be from the workplace itself or from adjustments outside the workplace. It is important to pace yourself and allow yourself the time to re-integrate, remembering it is a PROCESS not a single event.

### THE TRANSITION

Take full advantage of the time and resources available to you through the Reorientation Program. Let your Sponsor know how you are progressing; ask questions. For your transition to be most effective don't cheat yourself of the time and resources available to you. It is the intention of the Department that the Reorientation Program be suited to your individual needs.

### SUPPORT RESOURCES

NOTE that in addition to the many military, veteran and governmental resources available for you and your family, (some of which are listed at the bottom of the page and the back of this brochure) you may also call: **DOC Employee Health Services (EHS)**, **271-5661** and the **Employee Assistance Program (EAP)**, **271-4336**.

### **Family Assistance Centers**

CONCORD 225-1203

Newington 430-3545

HILLSBOROUGH 228-1135, EXT 2510

SOMERSWORTH 225-1813

LITTLETON 444-1353

MANCHESTER 228-1135, EXT 3320/3329